Step 11

**Download** The Venus Sequence eBook (Optional Purchase of Printed Version Available)

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**Read** The Venus Sequence Chapter 1 – “Introduction to the Venus Sequence”

**Watch** The Venus Sequence Introduction Webinar

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The Venus Sequence

Welcome to phase 2 of the Golden Path. Having begun our contemplation with a physical grounding through the Activation Sequence, we now flow naturally into the emotional plane and the theme of relationships. This is the domain of the Venus Sequence, which forms the real core of the Golden Path. The Venus Sequence will take us into some deep transformational waters. It will teach you how to use your relationships as your primary spiritual path in life. Using your relationships as a precise mirror of your unconscious Shadow patterns, you can access realms of transformation that otherwise would have remained hidden from you. Profound insights await you as huge creative potential lies locked behind the inner gates of this sequence. Once you begin to awaken the force of love from within your DNA, you had better be prepared for a new kind of life to emerge!

It might also be heartening to consider that as you yourself walk this Golden Path of Contemplation through the Gene Keys, many others are also doing this at the same time. Many of them may be having similar questions, doubts, insights and revelations to you. We all have to find our own way into the labyrinth of the Self, yet still we have many invisible travelling companions. Life is a beautiful paradox of aloneness and companionship. If you are curious to hear from others and tap into the community forming around this Golden Path, you might like to visit the Gene Keys Society community hub.
Step 12

Read The Venus Sequence Chapter 2 – “The Pathway of Dharma”
Watch The Webinar “Dharma & Purpose”
Contemplate The 22nd Gene Key

The Pathway of Dharma

This first Pathway of Dharma is your doorway into the Venus Sequence. You are asked to contemplate the 22nd Gene Key, one of the longest and most extraordinary of all the Gene Keys. As you investigate the threads and veins of wisdom within this Gene Key, perhaps you will begin to see its connection to human relationships and therefore to the Venus Sequence as a whole. In some respects, the Venus Sequence is the practical arm of the 22nd Gene Key, bringing its transmission and knowledge into manifestation in countless people’s lives.

Take your time with this Step and allow yourself to absorb and reabsorb the 22nd Gene Key before you move onto the first Sphere and the beginning of your personal voyage into your Venus Sequence.

Step 13

Read The Venus Sequence Chapter 3 “The Sphere of Purpose”
Watch the Webinar “The Sphere of Purpose”
Contemplate the Gene Key and Line of your Purpose

The Sphere of Purpose

Here we take our first deep draught of the Venus Sequence. In this Step you are introduced to the 6 lines of the Purpose as it manifests through your relationships. This is a really important contemplation for you, so take your time. Consider the Gene Key of your Purpose and its line at every level, making sure you can see those patterns played out in your life. There may have been times when this Shadow has taken possession of you, just as there will have been times when you have experienced the Gift and even the Siddhi.
While you are watching the webinar or reading the text that comes with this Step, please take the time to read all the lines. Even though you will naturally want to understand the line of your own Profile, you can learn a great deal from following the flow of the 6 lines. Each line has a message to bring, and the deeper you understand all the lines, the more you will feel them resonating throughout your Profile.

The greatest insights often come to us when we combine the themes of the Gene Key with the line themes. This is well worth spending some time on. Try and unlock your personal story and find it reflected in your Profile. Contemplate the profound importance of the Siddhi of your Purpose, and try and see how your relationships can help you to embody this high state.

**Step 14**

**Read** The Venus Sequence Chapter 4 – “The Sphere of Attraction”

**Watch** the Webinar “The Sphere of Attraction” and the Transmission by Richard Rudd

**Contemplate** the Gene Key and Line of your Sphere of Attraction

**The Sphere of Attraction**

As we arrive at the Sphere of Attraction, we are coming to a very powerful part of our contemplation. This Sphere represents our Attractor Field – that magical and most mysterious magnetic force that works through our lives, drawing people and relationships towards us according to our dharma – our path, and our karma – our transformation. This Sphere covers a lot of inner ground, being about sexuality, creativity, magnetism and fortune. It may take you some time to see where it fits in your life and how the Gene Key and line you have here influences so many areas of your life.

It is likely that you may have questions about this Sphere and what it means for you. You may have questions about other aspects of the Golden Path or your Profile. If this is the case it is good to remember that the Golden Path is primarily about Self Illumination. These days we are used to looking for answers from outside sources or authorities. The truth is that the answers are inside you, and when they emerge in their own time the insight will be far more powerful than if someone else had told you. The Sphere of Attraction teaches us this – that we draw the right experiences and people into our lives for powerful reasons. Sometimes the reason takes time to become manifest.
There are many secrets hiding in this Sphere of Attraction, so I hope you enjoy learning about it, both from the material and from your own insights. Below is a single insight you might enjoy placing at the centre of your contemplations on this Sphere:

*Everything you attract towards yourself – all relationships, experiences and their timings – serve a single purpose – to offer you the possibility of expanding your capacity to love.*

**Step 15**

**Read** The Venus Sequence Chapter 5 – “The Pathway of Karma”

**Watch** the Webinar “The Pathway of Karma”

**The Pathway of Karma**

You might have already realised that the Pathways that make up the voyage of the Golden Path are quite different in spirit to the Spheres. While the Spheres are personalised through your Gene Keys and their lines, the Pathways are more universal in nature. This is a contemplation upon the universal theme of **Karma**. You will learn in this Step that your Karma provides the fuel of your transformational process, and acceptance of your karma, particularly in your relationships, is vital for your mental, emotional and spiritual maturity.

This Step also introduces you to some important information concerning the 7-year cycles of imprinting of our childhood. This revelation is quite mystical in nature, as it concerns the way in which our subtle bodies continue to incarnate in a natural sequence that continues throughout our childhood and even our early adulthood. Understanding this subject will become more important in the Steps to follow, as you navigate the 3 Spheres of your IQ, EQ and SQ, which describe the actual patterns of your own wounding as a child. This is delicate knowledge that we are about to enter into, and it may also intensify our own emotional process. This Step is therefore something of a preparation for what is to come and is an opportunity for you to take a short pause as you consider what you have learned thus far from your Venus Sequence.

Once again, you are asked to review your level of commitment to what it will take for you to fully open your heart. You are asked to contemplate the importance of the role of relationships in your life. Unless you can see them as the most important aspect of life, then the Venus Sequence may not fully engage inside you. This is a question you will continue to ponder throughout your journey through your Venus Sequence.
Step 16

Read The Venus Sequence Chapter 6 – “The Sphere of IQ”
Watch the Webinar “The Sphere of IQ”
Contemplate the Gene Key and Line of your IQ

The Sphere of IQ

People with a high IQ demonstrate the ability to use their minds with a high degree of elasticity, thinking both logically and laterally. However, what use is a sharp mind if we do not train its laser eye upon ourself? This is what the Sphere of your IQ is all about. Your mind is a powerful tool when used in the service of deep contemplation of the mystery of oneself.

As you enter into this new phase of the Venus Sequence, you will be using your mind to look at the way your mind works. You will be looking at patterns that formed when you were young in response to deep emotional conditioning. You will need to therefore be alert and honest. When you contemplate the Gene Key and line of your IQ, consider as well all the other lines. Think about how those other Shadow behaviour patterns may impact your own relationships. We are all wounded and we all play out different roles.

As you begin to grasp how the 6 lines operate, it will help you to be compassionate with others. You do not need to know people’s Venus Sequence to see a specific behaviour manifesting in front of you. This knowledge is about learning to understand others as much as it is yourself. We live in a wounded world in which most adults have an unconscious worldview based upon a feeling of their own deep unworthiness. I hope that as you come deeper into your own Venus Sequence that you will be able to believe in your inherent goodness once again, and in doing so, to believe in others.

In this Webinar, I continue discussing the lines and giving examples of how to combine their themes with various Gene Keys. As you learn this knack of combining the lines and Gene Keys, you can use it to unlock the deeper meanings of your own sequence. Try and see how the themes connect to one another in your sequence – how your Dharma attracts the Karmic relationships that then unlocks the patterns of your IQ. Welcome to the deeper veins of your Venus Sequence!
Step 17

**Read** The Venus Sequence Chapter 7 – “The Pathway of Intelligence”

The Pathway of Intelligence

Intelligence – as you will see – is a balancing act between the masculine and feminine poles inside you – between the heart and the head.

This Pathway of Intelligence is also keynoted the Pathway of Defence at the Shadow frequency, so diving into this Gene Key and its inner meaning can help elucidate our frequent need to defend our position at an emotional or mental level. The ultimate state of freedom is a state of defencelessness, in which we still maintain firm emotional boundaries and clear views, but we don’t allow them to make us rigid. You could also ask yourself the following questions:

**Why do I feel the need to defend myself from another person’s emotional attack?**

**What might it feel like to completely let go of the need to defend myself?**

We often try to defend ourselves at a mental level through logic. Sometimes we carry views of the world that do not have their origin inside us, but grew up around a difficult issue or wound that we received as a child. The ultimate state of mental freedom is to be able to use the beauty of logical thinking without being trapped by it. This means we can always see and respect both sides of an argument. You can also ask yourself the following questions:

**What mental views do I hold that I feel the need to hold onto and defend?**

**What might happen if I were to hold those views in a lighter way?**
Step 18

Read The Venus Sequence Chapter 8 – “The Sphere of EQ”
Watch the Webinar “The Sphere of EQ”
Contemplate the Gene Key and Line of your EQ

The Sphere of EQ

Now you move into deeper waters as you approach the Sphere of your EQ. Now you will need to teach yourself the art of emotional contemplation. There is much to contemplate in this Sphere. You need to take a long and honest look at your relationships, past and present, to see the drama of the patterns at work.

Perhaps you have realised that the Golden Path is not quite a step-by-step path that you simply move through and then complete. It is a living process. It is broken down into Sequence and Step in order that we can more easily digest it. There is no set rule that says you must keep moving onwards. If you need to track backwards over the route you have come, then you should do so. If your contemplation takes you on a wild ride into territories outside of the Gene Keys, then you should follow it there. That may well be a part of your voyage. It doesn’t matter how long the journey takes. It can take you years or weeks. If it takes you weeks, then you may have indigestion! Contemplation is about slowing down. The more stately and reflective your pace, the greater your chance of insight.

The Golden Path is designed for modern life. It can be picked up and put down as often as we need, and it will continue even when we think we have put it down. The Venus Stream is a mystical transmission. If you allow it, it will enter your relationships and begin a process of transformation.

Step 19

Read The Venus Sequence Chapter 9 – “The Pathway of Love”

The Pathway of Love

The Pathway of Love is really the journey of life for all human beings. No knowledge is necessary to tread the Golden Path. You can walk it without knowing anything about Hologenetic Profiles or Gene Keys. No system is needed to grow in love and do the work of opening the heart.
The Pathway of Love requires a deep surrender to the qualities of the Divine Feminine. No matter who you are or what your life circumstances, you are on the Pathway to Love. When we realise this in our lives it can bring things into focus. It is the most essential thing we are here to remember. All else in your life can fade into the background in the light of this truth. Ask yourself how you are doing on this Pathway, and hold your hand on your chest when you feel the answer inside. Spend some time with your heart, softening the spaces around it and giving yourself the Gift of Tenderness. You are doing so well. Just keep reminding yourself of the great lessons – slow down, soften, listen and pay more attention to the essential in your life – the people you love, nature, your body and the wonder of the passing moment.

**Step 20**

**Read** The Venus Sequence Chapter 10 – “The Sphere of SQ”

**Watch** the Webinar “The Sphere of SQ”

**Contemplate** the Gene Key and Line of your SQ

**The Sphere of SQ**

Welcome to the heart of your Venus Sequence. The Sphere of your SQ – your Spiritual Quotient is the energetic hub of your entire journey along the Golden Path. When you enter into contemplation of your SQ, which is something that occurs spontaneously, rather than something you consciously do, you will find yourself in a vulnerable and very beautiful place.

Everything that you have contemplated up to this point has been preparing you for this – this softening and opening of your heart into the sacred wound. When you feel the tenderness of your own heart, you also come to realise that you are never alone. There is vast strength within the folds of this love. It holds up your life. In the words of the great W.B.Yeats, ‘tread softly, because you tread on my dreams’. Herein are the dreams of your heart.

As ever, please take your time as you enter into this material. Loosen the framework of your mind. Allow your heart to penetrate the mysteries of your SQ, its Gene Key and line. Now is the moment to let yourself be carried away by your dreams – not your fantasies about your life, but the greater dream that is living through you.

**What is the quality of your love?**

**How does it feel?**
Realise that it is not so very far away as you might have thought. You can always touch into the purity of your own heart. Even in the midst of pain, find the tiny grain of love. Touch it with your awareness. Expect nothing from it. Just draw solace from knowing that it cannot be extinguished by anything under the sun. Not even death can extinguish this exquisite light of soul in your breast.

**Step 21**

**Read** The Venus Sequence Chapter 11 – “The Pathway of Realisation”

**The Pathway of Realisation**

As the final Pathway of your Venus Sequence, this Pathway of Realisation has many dimensions to it. It is described in the text of The Golden Path at a very high frequency. However it only becomes active as your awareness penetrates the sacred wound in the Sphere of your Core. There is a dance here between the two Spheres of your SQ and your Core. The only two things you need remember consistently are to follow the purity of your heart and to keep bringing awareness into all aspects of your life.

Look at the many things that make up your day that you do not truly accept, and bring a deeper awareness to the anxiety that you carry in your body.

**What structures do you hold onto tightly?**

**Which opinions and modes of thinking do you rely on to describe your reality?**

**Can you see the limitations of such structures for what they are?**

**Can you loosen their grip on your reality without having to throw them out completely?**

Look at your need for the logical or the magical and find the natural balance between them. Allow the subtle power of realisation to open your mind and stretch your heart further than you ever have before. Prepare yourself for the unexpected and magical.
Step 22

Read The Venus Sequence Chapter 12 – “The Sphere of your Core”
Watch the Webinar “The Sphere of your Core”
Contemplate the Gene Key and Line of your Core

The Sphere of your Core

As the final stage of your Venus Sequence, this step contains the essence of the whole teaching. As you may have grasped by now, this wisdom is rare and profound. I hope that you have also by now developed an understanding of the true power and meaning of contemplation as a tool that you can use at every level in your life.

It may take years for you to fully understand the Sphere of your Core and its Gene Key and line. It describes the manifestation of your enlightened consciousness. And it describes the core wound that covers over this consciousness. You may never have a better chance of moving into the depths of your true nature than you do now, with this wisdom at your fingertips. As ever, the message of the Gene Keys coaxes you to take your time. If you have come to this stage quickly, then consider going back to the beginning and starting the process again at another level. Contemplation unlocks. It deepens as you practise it. Contemplating your Core, both the wound and its Gift and Siddhi, will over time lead you to a very calm place inside. You are that calm.

The purpose of the Venus Sequence is to help you become more of your true self, your higher self. But as you will now know, your higher self includes the integration of your lower self. There are no short-cuts through this program. You must get to the bottom of your own suffering. That you have come this far is already a strong sign that you are ready for a quantum leap in your life. Now, as you begin to contemplate your sacred wound in the light of all that has come before, you can allow your commitment to move even deeper. Here is a single question to take with you into your contemplation:

What would my life look like without suffering?
Step 23

Read The Venus Sequence Chapter 13 “Integrating the Venus Sequence”
Watch The Webinar “Integrating the Venus Sequence”
Explore Additional Courses and Resources to Dive Deeper

Integrating The Venus Sequence into Your Life

As the final Step of the Venus Sequence, this step is about integrating your sequence into the heart of your life. Understanding your sequence will take a great deal of commitment on your part. You will need an absolute minimum of 9 months just to let the patterns settle and for your awareness to mature. Beyond that, this is a lifetime’s work. However, it is the most important work there is. What could be more important than opening your heart? With an open heart your whole life will taste very, very different.

In the final Part of the Venus webinar I give an example of someone’s Venus Sequence and walk you through it as a whole. This is a good practice to do on your own or with someone else. It allows you to thread together the various strands of the Gene Keys and their lines and get an overall picture of the whole ‘wound map’.

On this page you will also find additional online courses to deepen your contemplation of the Venus Sequence, as well as a link to community support resources in the Gene Keys Society community hub.

Finally, I recommend you read or re-read the text of ‘Hologenesis and the Sacred Wound – the Story Behind your Profile’. This is an allegorical and imaginative account of the imprinting of the Sacred Wound though our Hologenetic Profile. This will round off this second phase of the Golden Path nicely. Now you can enjoy a break before you either return to the beginning of your sequence and do it all over again, or move onwards and upwards into Part 3 of the Golden Path – the Pearl Sequence.