Introduction

Deep within the strata of the Gene Keys pulses a powerful and ancient spiritual lineage. This lineage can be traced back through the many great mystery schools of all cultures, the Egyptian, Mayan, Sufi, Gnostic, Tibetan, Vedic, Taoist, Celtic, Native American and many others - all these cultures have safeguarded and evolved a single wisdom stream that goes so far back that it finally comes to a time that has been mostly lost to human memory. It still survives in folk memories and in myths, legends and creation stories, most of which speak of the ‘time before the Fall’, or the so-called ‘Golden Age’, an epoch lost to the hallows of antiquity.

The Gene Keys transmission is the same transmission that has travelled through all these great and mysterious cultures and lineages. It has been picked up from the subtle planes by the shamans and mystics of those cultures, where it has been codified into the vast variety of spiritual paths we see spread out before us in this current age. It is of great consequence therefore to note how extraordinary a time we now live in. It is the first time in recorded history that the many strands of the deeper human mysteries are available for all to see. We truly are living in the Age of Transparency.

Because of this melting pot of spiritual paths and teachings, a new concern has arisen among many teachers and seekers around the world - that the power of the single lineage is being lost and somehow watered down, and that the old ways of hard spiritual discipline and asceticism are giving way to a modern softness and a flighty, distracting and even commercial approach to the ancient secrets of spiritual initiation. There is so much choice now that one can spend a single lifetime just travelling the kaleidoscope of ancient pathways like a spiritual tourist.

Amidst these shifting mystical sands, the Corpus Christi rises like a phoenix, shaking off the concerns of both teacher and seeker, to reunite the many strands, to incorporate the core transmission, to recall its pure source as a young effervescent spring in the time mythically known as Eden, and to bring it back into the body, into the physical DNA, where it has lain sleeping for so long. The Corpus Christi is no new teaching, even though it clarifies many other teachings. It is however something completely fresh, because it delivers the ancient mystery teachings at a new octave. It embraces the multiplicity of all lineages. It even requires the many rather than the one. It is a cauldron for the many - to be refined, condensed and synthesised, not as a new set of teachings, systems or philosophies, but as a living embodied communion of high frequency initiates.
This is the first thing to really understand about the Corpus Christi - it is not another version of the ancient mysteries. Neither is it an amalgamation of different teachings woven into a more integral framework. It is a container whose purpose is to gather together a group of initiates across time and space for the purpose of Collective Initiation. What makes the Corpus Christi so different is that it is not a mystery school for the individual, as has been the case for so long. It is arising as a response to a new impulse awakening in the core of human DNA, and that impulse is a collective awakening and requires a collective understanding of initiation, together with a new medium and a new language.

What is Initiation and what is an Initiate?

When we speak of Initiation we are referring to a naturally unfolding organic process of awakening written into the evolutionary code of all life. Human beings are naturally evolving like everything else. We are an aspect of the cosmos whose awareness becomes progressively more expansive as we evolve. Eventually, our awareness expands to encompass our true universal nature as one with all that is. This process of inner evolution has over the millennia been noticed, tracked and embodied by countless human beings, many of who have laid down their understanding of the process. One of the most frequently repeated themes of our awakening is its tendency to progress in sudden leaps in consciousness. Such leaps are known as Initiations. One who has travelled or is travelling the path of Initiation is known as an Initiate, although this term is used in different ways by different teachers and teachings.

The Corpus Christi, despite its borrowing from Christian terminology, is a revelation of the universal processes behind spiritual Initiation. Initiations tend to be archetypal breakthroughs emerging through spontaneous mutations and transmutations in our DNA, which are then in turn expressed through the language and style of a particular culture. The Corpus Christi offers a true understanding of the hidden mystical meaning of the various rites that underpin our Western Christianised culture. However, the Initiations themselves, being universal, are in no way limited to any single culture.

Sometimes, Initiation can take the form of sudden direct mystical experience, intense inner vision, profound external shock or deep heart-opening. At other times, Initiation can go on for years, silently and subtly opening us to greater and greater inner horizons. Depending on the Initiation, the experience can be very different from person to person.

The Corpus Christi is built upon the universal pattern of the trinity, which almost all mystery schools have recognised as the core foundation of all life processes. Therefore the Corpus Christi divides the process of Initiation into 9 distinct stages, with 3 stages and 3 tiers. Below are the names given to these 9 Initiations. For a fuller introduction to the process of Initiation and its 9 levels you can read the 22nd Gene Key.
1. Birth
2. Baptism
3. Confirmation

4. Matrimony
5. Annunciation
6. Communion

7. Ordination
8. Sanctification
9. Glorification

What is a Collective Initiation?

This is where the Corpus Christi breaks totally new ground. Collective Initiation refers to a much broader understanding of Initiation than most mystery schools have pointed to in the past. Just as individuals go through these 9 Initiations, so do entire systems – humanity as a whole is moving through these Initiations, as is our entire planetary consciousness. The very universe itself in all its holographic glory even moves through this same nine fold sequence.

When we examine the way in which our planetary consciousness has evolved until today, we see a pattern of gradual evolution punctuated by sudden leaps. In the words of cellular biologist Bruce Lipton:

‘Contrary to what conventional science and religion have been telling us, evolution is neither random nor predetermined but rather an intelligent dance between organism and environment. When conditions are ripe - either through crisis or opportunity - something unpredictable happens to bring the biosphere into a new balance at a higher level of coherence.’

The leap from single celled organisms to multi-cellular life, the leap from the multi-cellular to the spine to the human being endowed with self reflective awareness - all are examples of huge vaults in consciousness, many which occurred at points of intense crisis in the life of the biosphere.

The Corpus Christi provides the mystical subtext behind the Gene Keys, and as I have said, its central purpose is to create a living experience of embodiment rather than being just another philosophical system. The process of Collective Initiation is at once mysterious because it has had to wait for a time when we, humanity are ready for it. In truth, our human consciousness cannot be separated from the consciousness of our planet, Gaia. We are an evolving eco-system, with its own awareness. We humanity represent the cutting edge of it’s self-reflective consciousness. So when we move through an Initiation, all Gaia must also move through an Initiation.

One of the great challenges in our understanding as human beings is feeling the interconnectedness of all beings. Even highly intelligent people often hold the view that we humanity are solely responsible for Gaia. And yet this is only half of the story. Gaia is also responsible for us. We are but an aspect of her functioning. If we set about destroying aspects of the eco-system, it is also because nature is designing it that way. This does not in any way absolve us from our responsibility, but it does add a very important dimension to our perspective. It adds trust. Without trust, we cannot function
cleanly as part of the whole. Without trusting in the inherent perfection of every aspect of our behaviour, no matter how immature it may seem, we are prone to reaction rather than relaxation. Some people would argue that when a planet is in crisis, it is no time for relaxation. And yet, the truth is that only this profound sense of relaxation and trust will allow us to see clearly what needs to be done.

In the tradition of spiritual initiation, trust always plays the central theme. All Initiation serves the purpose of bringing us into deeper levels of trust and coherence. This generally occurs through us being thrown headlong into some kind of crisis in which our trust is tested to its limits. The ease of our passage is directly dependent on the level of our relaxation as we navigate that crisis.

All of this is a key aspect of Collective Initiation. As a group consciousness, we have to come into a deep, resonant trust inside ourselves. This inner trust in life is the core condition that must precede Initiation. As long as the trust is not there, the conditions are not ready and the quantum leap cannot occur.

The 3rd Initiation - Confirmation

In the nine-fold sequence of initiation laid down by the Corpus Christi, the 3rd Initiation is the first doorway of Collective Initiation. The first two Initiations really concern the individual and its personal interior spiritual awakening. The first Initiation of the Birth occurs as we open up our minds and hearts enough to begin exploring ourselves. At the First Initiation, we begin to realise for the first time that we are responsible for our own actions, and with this awareness comes the unconscious impulse to search for an answer to our own suffering. Even though this may take a very simple form the First Initiation sets us squarely on the path of self-discovery.

After some time, and often it may involve many lifetimes, our awareness receives its first great breakthrough, which comes through the second Initiation, known as the Baptism. The Baptism refers to our first direct contact with our higher self - with those higher subtle bodies that form part of our wider reality. The Baptism can be a huge shock for us, and it will send powerful reverberations through our whole aura. For many people, Baptism comes as a religious calling, a near-death experience or an expansive heart-opening that propels us momentarily into a higher state of consciousness. Like all the initiations, the second Initiation is often an ongoing process that returns sporadically to remind us of our greater being. The Baptism is generally one of the most challenging of Initiations, as it comes quite early in our evolutionary process, often before we are emotionally mature and when we hold certain fixed and limiting mental viewpoints. The process of evolution that takes us from the 2nd to the 3rd Initiations therefore has a great deal to do with the way in which we integrate such experiences into our everyday life. Confirmation requires inner stability, emotional maturity, an open, un-opinionated mind and a sense of cellular certainty.

In traditional Christian rites, which offer a mirror of the process of inner Initiation, the Confirmation is generally a ‘coming-of-age’ rite, wherein the young person is introduced for the first time into the body of the church. At confirmation, you take your place within the congregation for the first time, and you are introduced to the most sacred rite of all - the Holy Communion. At a symbolic level, this offers a profound insight into the 3rd Initiation. It is an early echo of the 6th Initiation, its higher octave, in which a human being passes directly into the body of Christ, or in other words, the 6th Initiation is an experience of enlightenment - the full realisation of one’s Divinity.
The Initiation of Confirmation therefore involves a deep recognition of one’s higher self, and it also presupposes a high level of embodiment in which trust is now consistent. After the Third Initiation, your trust is unshakeable. Your roots have grown deep into the higher planes and are a continual source of inner nourishment. After Confirmation, you attain a strong core stability that is literally grounded in your physical DNA. After Confirmation, you will continue to experience your own and other’s suffering (you even feel it more acutely) and at the same time you will always bounce back into your core stability.

**Preparation for unconditional Love**

The third Initiation is the final part of the first Tier of Initiation, the Tier of Birth/Baptism/Confirmation. As such, it is the crowning of the experiences of this phase of our evolution. The third phase of each Tier is always a crowning experience. At the Confirmation, we find ourselves highly committed to a process that we now know will take us all the way. It is only after the Confirmation that you can truly be called an ‘initiate’, as it is as though you have passed your enrolment for moving into the higher initiations, and you will need an intense level of commitment when moving to those levels of consciousness.

We can understand more about the Confirmation when we see what it is preparing us for – the 4th Initiation of Matrimony. The 4th Initiation is a birth on a higher plane (it is the higher octave of the 1st Initiation). It will begin the process of shattering our ego – our attachment to our fears. The Matrimony is a huge experience for a human being to move through. Its parameters are undefined as it involves the surrender into our open heart. In some systems of Initiation, the 4th Initiation is known as the Crucifixion. It is an Initiation that stretches your life across a vast chasm, and a large part of your psyche will have to perish in that chasm. To the unconfirmed, the 4th Initiation is terrifying. But to the Confirmed, it is the stage they are now fully prepared to face. To the confirmed, this massive heart-opening phase of one’s life is something so longed for, that it is no longer viewed with trepidation - it is surrendered to in profound trust.

As a collective Initiation, the Confirmation is something altogether different. Collective Initiations are little understood, as they only occur at very rare times in evolutionary history. Our planetary consciousness right now is about to move through its greatest Initiation to date. It is about to go through the 4th Initiation, and that will be humanity’s crucifixion. The world we see around ourselves today does not have much time left. It is an empire that is rotten to the core, and it is even now beginning to crumble. We are going to have to be so stable and relaxed as the systems we have built slowly turn to dust and ashes.

As soon as the Confirmation has occurred, the Matrimony begins. These two Initiations live inside each other. The moment we are solid, the earth begins to give away all around us. As Gaia goes through her own shattering, those human beings that are relaxed, who do not react, who allow their own awareness to be shattered and expanded as their lives open up to a far greater vista, these are the human beings that will live in the future. It is not about survival anymore. Once you have been confirmed, you know you will not survive! You know your final goal is annihilation. This changes everything. All life now becomes a reason only for more heart opening.
2012 was a powerful marker date for the beginning of this higher initiatory journey. Our challenge now is to begin letting go of the form of the world. It is about Melodic Resonance, and that means letting go of all modes of thinking rooted in the old reality. No more conspiracy theories, no more self-obsession, no more longing for the perfect mate. Melodic Resonance means you come back to the innocent child inside you, and you drop all your concerns about where the world is going and how it looks. You simply open your heart and speak the Truth as it pours through you. Soon you will see who is resonating with you. Soon you will see who is ready to join in the melodies of love that are inside every human being. And this Collective Initiation will continue to bring us together into communities who are feeling the melody and who are ready for the coming Initiation.

Finally, as humanity begins to move into the 4th Initiation of Matrimony, we will experience the true meaning of unconditional love, and that is when humanity will know for the first time what it really means to be married.

All of this is going to take time. In evolutionary terms, it will be super-fast. In our timing, it may go on for hundreds of years. No one knows. But our role is to allow ourselves to be confirmed, both individually and collectively. The collective Initiation is Confirmation and the individual Initiation is Matrimony. When the group comes into core stability through a deep resonance in the solar plexus centre, then on an individual level, the heart opens, and it goes on opening. At a certain point, known as Melodic Resonance, sometime after 2012, enough open hearts come into melody together that the impulse reaches deep into the collective and causes a fundamental shift in the structure of the collective psyche.

**Coming into Synarchy**

The Corpus Christi Retreats are an exploration into the above consciousness shift. They are also far more than an exploration. They are a conscious alignment of these energies for the purpose of calling in this 3rd Initiation as a group embodiment. The process has already begun. If you are reading this now, then you will probably have been feeling the currents of this Initiation challenging your Core Stability and your trust. In many ways, the Corpus Christi Retreats come as a response to the event, rather than the other way around. Both are synchronistically linked. Anyone drawn to the Gene Keys is really drawn to this evolving consciousness shift, and to the coming together of these hearts and minds in resonance.

Synarchy is a principle deeply embedded within the Gene Keys. It is the heartbeat of the transmission. It refers to the state of consciousness within a collective when the members of that collective surrender to their higher intelligence. The Gene Keys are a preparation for Synarchy. The sequences that the Gene Keys are strung out upon like pearls, are the launch codes for a specific constellation of human beings to experience Synarchy. It has to begin somewhere, and this is the purpose of the Gene Keys transmission. The Corpus Christi provides the deeper mystical framework for these Initiations in order that our minds, hearts and bodies can integrate them as a collective.

The mark of the Synarchy is Devotion. Devotion is what makes it all possible. it is important to realise that this transmission in its current phase, on its current trajectory is not meant for the general public. Its purpose is to bring a small group together across time and space to lay the foundations for the embodied Truth of Synarchy to spread.
across our planet. Later, when we have passed through the 4th Initiation, we can begin to tailor the Gene Keys to suit a wider audience.

Not everyone is ready for Devotion. When you read the 29th Gene Key you will see what Devotion involves. You cannot force it. It is simply there already. You either feel it or you don’t. In the Gene Keys community, Devotion is the only condition necessary for a group to come into Core Stability. When groups come together, one of the first things that happens is that drama ensues. Every group plays out the collective works of Shakespeare! And the only energy that can sustain a group through that collective drama is devotion. Your heart has to be wide open - to the others, to the vision, to the dream itself. Then the whole group can allow the drama to move through itself like a play, with each of us playing the roles - provoker, victim, lover, villain, fool, king, queen. And the drama will lead us naturally beyond itself, into a world beyond drama, the world spoken of in the 55th Gene Key, a world of freedom.

**Conclusion**

This first written transmission of the Corpus Christi is a preparation for what is coming. Those of us who feel called to these teachings, you should know that it is not the teachings themselves that are what you are called to. You are called because of one thing only - Love. It is the love within this group that will create the conditions for the Initiation. It is our vast love for humanity, for Gaia, for each other and for life itself that is leading the way. It doesn’t even matter whether you are able to attend the Corpus Christi Retreats in person. What matters is that you feel this transmission in your lifeblood and you live it in your daily life. And if you can come to one of these Retreats, then do come. They are a feast of love the like of which few of us have ever experienced before. The purpose of such Retreats is to radiate this love out far and wide, and wherever you are in the world, you will be inside this love and it will move through you and into your life.

With all my love

Richard Rudd